

SUN SMART (March 2016)

RATIONALE

To ensure that students are made aware of and practise, Sun Smart strategies.

PURPOSE

- To provide ongoing education which promotes Sun Smart practices for students.
- To educate students to protect themselves from the effects of ultra violet rays and the heat from the sun.
- **To ensure all students and staff have some UV exposure for vitamin D.**
- To ensure all students and staff are well protected from too much UV exposure by using a combination of sun protection measures whenever UV levels reach 3 and above.
- To encourage staff, visitors to our school and parents to act as role models for students.
- To provide shaded areas in the school grounds.
- Ensure the outdoor environment is sun safe and provides shade for students and staff.
- Ensure students are encouraged and supported to develop independent sun protection skills.
- Support duty of care requirements

IMPLEMENTATION

- Classroom programs will include a Sun Smart component during Terms One and Four.
- School broad-brimmed hats are a compulsory part of the school uniform.
- **Students are encouraged to use available areas of shade when outside.**
- School hats will be worn at all times for outdoor activities, including excursions, from September to the end of April or whenever UV levels reach three or more
- Students who do not have an appropriate hat will not be able to participate in outside activities during class instructional times.
- Students will be expected to have school hats on all camps.
- Students will be encouraged to wear wrap around approved sunglasses (Australian Standard 1067)
- Hats will be provided to be worn by staff for all outdoor activities from the beginning of September to the end of April.
- **Shelters and screens will be provided and trees planted in order to ensure adequate shade in the school grounds.**
- Activities being conducted outdoors on hot days particularly during the hours of 10am-2pm (11.00 am-3.00 pm Daylight Saving) will be held under shaded areas, where possible.
- Students will be encouraged to drink water regularly and play quiet games on very hot days.
- Students who do not have an appropriate school hat will be required to remain under cover outside their classroom during recess and lunch times.
- Students will be expected to wear appropriate clothing which covers their shoulders and necks, for all school occasions, including camps and free dress days.
- The school supplies SPF 30 or higher broad spectrum, water resistant sunscreen for staff and student's use.
- Sunscreen is applied at least 20 minutes (where possible) before going outdoors and reapplied every two hours if outdoors.
- Strategies are in place to remind students to apply sunscreen before going outdoors
- Students will be encouraged to wear SPF 30+ broad spectrum, water resistant sunscreen.
- Regular reminders of Sun Smart practices and behaviours, including the use of sunscreen and sunglasses, will be published in the school newsletter from September to April.
- **To assist with the implementation of this policy, staff and students are encouraged to access the daily local sun protection times at sunsmart.com.au, via the SunSmart widget on the school's website or via the free SunSmart app.**
- A school approved plan will be implemented when the UV rays or temperatures are extreme.

Edithvale Primary School - Policies & Procedures

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| RATIFIED BY SCHOOL COUNCIL ON | 16 March 2016 |
| PRINCIPAL | James Whitla |
| SCHOOL COUNCIL PRESIDENT | Steve Smith |
| EVALUATION | This policy will be reviewed as part of the school's three year review cycle, or as required due to changes in relevant Acts, Laws or should situations arise that require earlier consideration. |