



Edithvale Primary School Weekly Newsletter

Doing the Right Thing,
Working Together & Aspiring Higher

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Term 3 - Week 1

15 July 2010

PRINCIPAL'S REPORT

Welcome back to all students and families.

As you can see there has been a fair amount of activity at our school over the holiday period. Work is currently being carried out to connect all services to the portables and, as soon as that has been completed, the Year 5 and 6 students will move out of the French Avenue building. Please take extra care when you are coming in to the school as there may be changes to the way in which you can access the office and some classrooms.



We are moving closer to the beginning of our transition program for our 2011 preps. If you have a child who is due to start prep next year please come to the office to collect an enrolment form. If you know of someone who intends to enrol their child at EPS, could you encourage them to contact the school as soon as possible so that they can take full advantage of the transition program. Tours of the school can be arranged by phoning the school office.

Denise Webster

STUDENT ENGAGEMENT AND WELLBEING

Janice Lawrence & the EPS Student Wellbeing Team

This term our values program will focus on friendships and relationships, listening to others and empathy, creativity, teamwork and leadership.

The common thread for developing social skills, awareness and self esteem in young people is all about resilience and coping skills; children making decisions and working through challenging situations for themselves. As children grow up, they need to learn to make their own choices and gradually develop the confidence, independence and inner strength needed before the next step into adolescence.

The following is an article by Michael Grose (a 'parenting' consultant) about resilience. We hope you find these hints handy, as parenting is the toughest, but most rewarding job in the world!

RESILIENCE—MICHAEL GROSE

Build inner strength and coping skills in kids.

Resilience is a 21st Century parenting concept that every parent needs to understand.

Promoting resilience in kids is not a single event but a continuous process that requires adults to be supportive and empathetic when things don't go their way. It also requires you as a parent to have an understanding of resilience, so you have faith in yourself and your child's ability to cope.

Some kids are resilient by nature - their temperament helps them to be mentally and psychologically tough. You know those kids. They get straight back up after a setback or disappointment. Rejection in the playground doesn't faze them. Unfortunately, not every child has such natural resilience.

The good news is that most of the research shows that resilience can be nurtured and developed, particularly when parents themselves are resilient and they actively foster it in their kids.

Resilient kids share four basic skill sets—independence, problem-solving, optimism and social connection.

From a resilience perspective, parents need to coach kids through some of their more challenging moments and review what they may have learned for next time. Avoid solving all their problems for them.

You can promote a lasting sense of resilience in your kids by:

1. **Having a positive attitude yourself.** Your attitude as a parent impacts on their ability to bounce back from some of the difficulties they face. Make sure you model a 'you can do it' attitude for your child when he/she meets some of life's curve balls.
2. **Look for teachable moments.** Many kids' learning opportunities are disguised as problems. Make the most of these opportunities so that kids can grow and learn from some of the challenges they face.
3. **Make kids active participants in the family.** Active participation in a family develops the self-help, problem-solving and independence skills of kids that are necessary for resilience.
4. **Build kids coping skills.** There are plenty of strategies you can pass on to kids to help them cope when life doesn't go their way, including acceptance, getting away for a while, and normalisation.

For this week's IMPORTANT DATES, see the next page.



PUPIL FREE PROFESSIONAL LEARNING DAY



On **Monday 9 August**, all schools in Victoria will be having a pupil-free Professional Learning Day in preparation for the introduction of the Ultranet.

This is a very exciting period in education for all of us.

You can find more information about the Ultranet if you log onto:

www.education.vic.edu.au/ultranet

FUNDRAISING UPDATE

Sandie Wishart—Business Manager

Nutrimetics Lipstick Drive

Thank you to everyone who supported the recent Lipstick Drive. Your Lipsticks should be arriving this week and will be sent home with your children. The school received \$334.00 commission from this fundraiser – well done everyone.

Ritchies Community Benefits

We continue to receive generous donation from the Ritchies Community Benefits Scheme. We received \$384.06 in May and \$359.88 in June. This money has been used (along with previous donations) to purchase another two recycled seats, from 'Replas' in Carrum Downs. These two seats will be constructed and placed in the school yard in due course.

If you do not have a Ritchies Community Benefits Card or Key Tag, please call in to see me to obtain one, and start earning money for our school.

UV PROTECTION UPDATE

SunSmart's Winter Vitamin D Message

You should all be aware of the importance of maintaining adequate vitamin D levels throughout the winter months.

It is recommended that faces, arms and hands (or equivalent area of skin) be exposed to the sun for two to three hours per week. Children and adults with naturally very dark skin may need three to six times this exposure amount.

UV levels vary throughout the state. UV levels for your area can be found by visiting the SunSmart UV Alert in the weather section of your daily newspaper or at <http://www.sunsmart.com.au/>

Education Maintenance Allowance

Key Dates:

Eligibility day - **12 July 2010**

Parent applications close - **6 August 2010**

EFT payments - **Mid August 2010** onwards

Cheque payments - **Late August / Early September 2010**

INSTALMENT TWO

The second instalment of the Education Maintenance Allowance (EMA) payment is due to be paid from mid August onwards for those parents/guardians who chose the EFT payment option on their application form at the start of the year.

Parents and guardians who lodged an EMA application at the beginning of the year do not need to lodge another EMA application to receive the second instalment EMA payment.

Parents/guardians whose children have transferred to this school since 26 February 2010 will need to submit a new EMA application form. Applications close on **6 August 2010**.

Parents/guardians who have chosen the cheque payment option will receive their payment from late August / early September.

Eligibility information can be obtained from: www.education.vic.gov.au/aboutschool/lifeatschool/ema/default.htm

Contact: School Office for application form and further information.

IMPORTANT DATES

JULY

Tue 20th	◆ School Council Meeting—7:00pm
Thurs 22nd	◆ Year 1 & 2 Mini Beast Incursion
Tue 27th	◆ Maths Information Night

AUGUST

Wed 4th	◆ French Day
Mon 9th	◆ Pupil Free Day - Ultranet Curriculum Day
Tue 17th	◆ School Council 7:00 pm
Fri 20th	◆ Athletic Trials ~ Grade 4—6
Tues 31st	◆ Grade 4 Father's Day Stall

SEPTEMBER

Sept 1st—3rd	◆ Year 4 Camp
Thurs 2nd	◆ Father's Day Stall
Fri 10th	◆ Prep Excursion—Gingerbread Factory

A REMINDER

French Crepe (Pancake) & Awesome Parade Wednesday 4th August, 2010

As part of the celebrations for our French Day, we will be having a special 'French Assembly'. Madame Snow would like to invite students to participate in this wonderful whole school event.

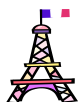
Students are invited to create a painting or drawing related to France. It can be based on a French monument, a famous French painting, a place in France, French cuisine or famous French people... You may, if you wish, dress up as a French Painter! Use your imagination, the sky is your limit!

A parade will take place at 9:00 am on Wednesday 4th of August 2010. We can't wait to see your fabulous masterpiece and costumes.

One free crepe will be given as a prize per grade.

During the morning our favourite chef 'Robert' will be cooking us delicious French Crepes.

Crepe Order forms will be sent out early in Term 3. When your notice arrives home, please fill it out with your child's name, grade and how many crepes your child would like, then return it to school with the correct money in the envelope provided. Merci! Thank you for supporting the French Program



Madame Snow—French Teacher

CANTEEN NEWS

The Term 3 menu is being finalised this week and will be sent home before the end of next week.



Thank you to my helpers this week and welcome to Anna, who will be helping out on Mondays.

Diane

JULY ROSTER

Monday 19th	Tuesday 20th	Thursday 22nd	Friday 23rd
Lara Sinclair	Claire Stewart	Mark O'Hehir	Sharon Graham
Monday 26th	Tuesday 27th	Thursday 29th	Friday 30th
Belinda Turner	Georgia Julier	Deb Bond	Jo Mills

SPORTS DESK

Heather Pardoe

Interschool Sports

There will be no interschool sports matches in Term 3 as we will be focusing on our Athletics skills this term. Interschool Sports will start again in Term 4.

Athletics

Our School Athletics Carnival will take place on Friday 20th August 2010 at Edithvale Athletics Track for all students in grades 4-6. We will be selecting a team from these results for the District Athletics Carnival which will take place on Wednesday 8th September 2010. Our back up date for the School Athletics Carnival is Friday 27th August 2010 in case of inclement weather.

We would love to hear from any parents or grandparents who would be able to support us at the School Athletics Carnival with help in measuring and recording as well as supporting our students.

Cross Country

Congratulations to Robert Deacon who qualified for the State Cross Country event.

Basketball Hoop Time

Well done to all the Basketball players at the McDonalds Hoop Time competition. All students participated well and our Future Star team won the Grand Final. Great effort!

Jump Rope for Heart

Students and teachers in Murray house are coordinating our fundraising effort this term with the whole school taking part in Jump Rope for Heart for the Heart Foundation. All students will be practising their skipping skills through PE warm ups and class activities. We will have a Jump Off day in week 7 to celebrate our skipping skills so you will be able to see us in action and offer your support to our students. We will be launching Jump Rope for Heart at our assembly next week with our very own demo team and Mary Lou Fischer from the Heart Foundation.

PFA

A reminder to all parents, our next meeting is on:



Thursday, 22nd July

2:30pm ~ 3:30pm

In the Staffroom.

All WELCOME!

Diane

Premier's Reading Challenge



Thanks to all the students who have been reading furiously for the Premier's Reading Challenge. It is now time to bring in your reading logs so that the books can be entered before the end of the Challenge.

We are asking that all completed logs be returned to school by the end of next week Friday, July 23rd.

The logs need to be filled in with the book title and author and signed by a parent/guardian.

Thanks

Karen Laurent and Kerry Mitvalsky

Indigo

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Did you know that the Australian Society of Orthodontists recommends children have their first check-up by a specialist orthodontist at age 7?

Does your child:

Have crooked teeth or misaligned jaws?

Have difficulty in chewing or biting?

Suck their thumb or fingers?

Grind their teeth?

Experience speech difficulties?

These may be indicators of an existing or developing orthodontic problem. Take advantage of our **free initial visit** and get some professional advice from a specialist orthodontist today. **No referral is necessary.**

45 balcombe rd, mentone vic 3194

t 03 9585 8000

w straightorthodontics.com.au

PLAYSPORTS TERM 3

Prep to Year 4s get ready as PlaySports returns to **Edithvale Primary** in Term 3 for eight weeks of **Softball & Soccer** commencing Wednesday 21 July from 3:30 to 4:40pm.

Each session includes warm up games, skill activities and modified competitions, that are fun, engaging and age appropriate.

The cost is \$72.00 for eight weeks. Enrolled children are to assemble each Wednesday on the asphalt basketball court for roll call and a 3:4pm start. Spare enrolment forms may be at the school office or phone Playsports on 9532 5584 to enrol now. www.playsports.com.au.

KUMON

Edithvale Education Centre

Is your child struggling with Maths and/or English?

Join Kumon program and in several months

see the difference!

Second Semester Offer –

Bring your child to the Centre and try if this method of study is right for him or her.

No obligation to enroll.

To make an appointment for an assessment (free of charge) call Lena on 0402065154.

The Centre operates at 5, Blantyre Ave, Chelsea Church of Christ, Chelsea, every Monday and Thursday between 3:30pm and 7:00pm.

You can call me on that number outside Centre hours to discuss Kumon method.

Regards and keep warm this winter.

Winter Cocktail Party



The 2010 Family Life Charity Cocktail Party



7.30pm Friday 30 July
Brighton Savoy

Live auction, art exhibition and entertainment by The Two-Tone Family Sedan, featuring "Coxy"

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AFTER SCHOOL CARE

Parents wishing to enrol their children in After School Care for the next Curriculum Day on the 9th August are asked to contact Charmaine at **Kingston Council** on: **9581 4867** or Paromita on **0439 081 059** for further information.