



# EDITHVALE PRIMARY SCHOOL

Edithvale Road, Edithvale, Victoria 3196  
Phone: (03) 9772 1393 Fax: (03) 9772 7307  
Web: [www.edithvaleps.vic.edu.au](http://www.edithvaleps.vic.edu.au)  
Email: [edithvale.ps@edumail.vic.gov.au](mailto:edithvale.ps@edumail.vic.gov.au)

FORTNIGHTLY NEWSLETTER

Term 1—Week 4

24 February 2017

*Working Together, Aspiring Higher, Connecting with our Community & Doing the Right Thing*

## PRINCIPAL'S REPORT Mr James Whitla

This week I conducted our first school tour for parents looking to enrol their child in Foundation 2018 and it was fantastic to show off our great school and feel the community spirit! Our current students have settled in to their classes really well and it is wonderful to hear the laughter and excitement that exists in the classroom and in the yard.

### STUDENT SAFETY

We encourage the safe use of bicycles, scooters and skateboards (with parent supervision as needed) to and from school as we believe that a healthy lifestyle is important. We also request that, whilst on school grounds, all bicycles, scooters and skateboards not be ridden. This is to help ensure the safety of those riding and those in the vicinity. We have had a few near misses this week and are keen to prevent any accidents from occurring. All bicycles, scooters and skateboards can be stored safely and securely in the bike shed, which is locked during school hours.

### STUDENT SUPERVISION/INSURANCE

The health and safety of our students is very important to us and we aim to ensure that, in partnership with our parent community, they are supervised appropriately at all times. Please note that with a number of school activities such as Working Bees, Welcome BBQs and our Twilight Fair being held throughout Term 1, parents and guardians are responsible for the care and supervision of their child travelling to and from school and outside the times of school supervision before and after school. School supervision is provided for all of our students for 15 minutes before and after school. Schools have recently been reminded that the Department does not provide personal accident insurance or ambulance cover for students.

Parents and guardians of students, who do not have student accident insurance/ambulance cover, are responsible for paying the cost of medical treatment for injured students, including the cost of ambulance attendance/transport and any other transport costs. Student accident insurance/ambulance cover policies are available from some commercial insurers, and can be obtained by parents/guardians for individual students.

Private property brought to school by students, staff or visitors is not insured and the Department does not accept any responsibility for any loss or damage. Please be aware that the Department does not hold insurance for personal property brought to schools and it has no capacity to pay for any loss or damage to such property. Personal property is often brought to school by students, staff and visitors. This can include mobile phones, calculators, toys, sporting equipment, and cars parked on school premises. As the Department does not hold insurance for personal property brought to school, and has no capacity to pay for any loss or damage to such property, students and staff are discouraged from bringing anything unnecessary.

### SCHOOL COUNCIL

We currently have a dynamic and eager School Council who has been instrumental in adding great value to our school over the years. In 2017 half of our School Council members have completed their two year term and the School Council Election process has just begun. This year 1 Department of Education and Training (DET) employee members and 4 parent category positions will become vacant.

Parents are greatly valued on School Council and provide us with an important community perspective for the future development of the school. They bring with them their experience as parents at the school as well as the views of the wider community. Details of the process will be posted outside the General Office, the Senior Learning Centre and just inside the Foundation entrance, on the noticeboard to the left. Letters were sent home to all families on Thursday regarding this process. You will also be able to find information through the school website [www.edithvaleps.vic.edu.au](http://www.edithvaleps.vic.edu.au) Nominations close on 2 March.

If you are interested, please consider joining us - your contribution will be greatly appreciated.



## SCHOOL COUNCIL PRESIDENT'S REPORT Mr Steve Smith

At the assembly last week our Buildings & Grounds sub-committee introduced the master school plan. This is a vision of how we would like to transform many of the outdoor areas around the school into learning spaces. There is a lot of exciting changes coming to the EPS landscape which will enhance our **children's experience; if you haven't had the opportunity to check out the diagrams and photos, they will be out on display again at the Working Bee tonight.**

Last week we also welcomed our new families to our school community by having a Welcome BBQ. It was great to see so many families join us for some food and drink and I look forward to seeing many of you tonight at our first Working Bee.

Thank you to all the families who have offered to help out this evening with the Working Bee; with so many helpers, we are sure to get all our tasks accomplished.

*The Twilight Fair is almost here - only 3 weeks to go. The date of the Twilight Fair is Friday 17 March from 3:30 - 8:00 pm.*

The Fair Committee, teachers, staff, and parents have been very busy preparing for the Twilight Fair. We have been very fortunate to receive a lot of community donations, which make events like this possible. Thank you to all the businesses and families who have donated prizes to the Twilight Fair. A full list of sponsors and supporters is available on the school website and is updated daily.

With only three weeks to go, we do need your help with volunteering to assist with a classroom stall. Sign-up sheets for each stall are now posted at the school entrances and we would be grateful if you can donate some time by signing up for a time slot. Thank you to all the volunteers who have already contacted the Fair Committee and offered their time.

**The 'Unlimited Ride Wristbands' can be purchased for \$30 each on Oqr!** These wristbands can only be purchased leading up to the event. No wristbands will be sold on the day of the event. Also, if you buy a wristband through Oqr! you will be entered into a draw to win Village Movie tickets.

To keep up to date on the Twilight Fair, or to learn more about the event, please visit our school website ([www.edithvaleps.vic.edu.au/Fair](http://www.edithvaleps.vic.edu.au/Fair)) or the Twilight Fair Facebook page ([www.facebook.com/EPSfair](https://www.facebook.com/EPSfair)).

Please note that nominations are now open if you

are interested in joining our school council. Please review the information available online on the school website or at the school office.

Our next School Council meeting is our AGM and is scheduled for Tuesday 21 of March.

## STUDENT PHOTO DAY Tuesday March 7



School photo order envelopes were distributed to every student last week. You are able to order photos either by returning the completed envelope with money enclosed OR going online to [www.advancedlife.com.au](http://www.advancedlife.com.au) and entering our school code (XWK ZBN GN9)

Sibling/Family photo envelopes are available from the school office. You can also order online using the school code shown above. Online orders for sibling photos close on 5 March 2017, photo envelopes are available up until 9.00 am on photo day.

## CSEF

The Camps, Sports and Excursions Fund helps ensure that no student misses out on the opportunity to join their classmates for important, educational and fun activities. CSEF will be provided to eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is \$125 for primary school students.

### How to Apply

- Contact the school office to obtain a CSEF application form. Complete the form and return it with a copy of your Health Care/Pension card

## EXTRACURRICULAR ACTIVITIES Mrs Sharlotte Roa

We start yet another year with an exciting and wide range of extracurricular activities for all year levels. As we strive to continually develop creativity and curiosity in our students, we look at providing them with opportunities to explore their interests and passions. This year we are thrilled to continue to develop partnerships with our parents and the wider school community. There is a short description of each activity on page 6 with a timetable included.

## CENTREPAY

Edithvale Primary School has registered with Centrepay.

Centrepay is a free direct bill paying service available to parents/guardians who receive an Australian Government Department of Human Services Centrelink payment, family assistance payment or Parental Leave Pay.

Payments can be made directly to the school and **credited to your child's account It can be used to pay for school charges, camps and excursions.**

If you would like to set up a deduction, please speak to Pru, Sandie or Helen in the office.

**Centrepay the easy way to pay your bills®**

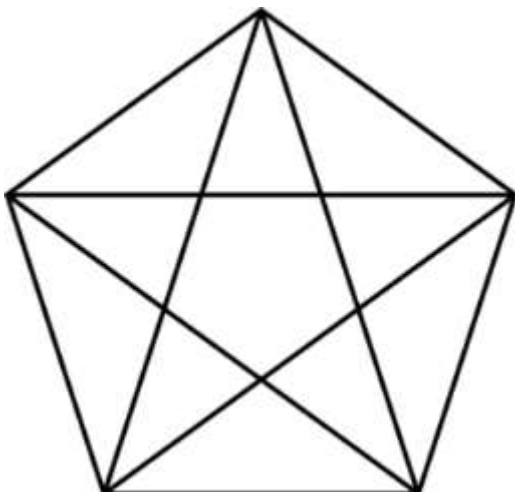


## EDI'S MATHS CORNER

Welcome to the Maths Corner.

At Edithvale Primary School we encourage and guide students to develop and use problem solving strategies in mathematics. We would therefore like **to introduce the Math's Corner to you. Beginning** this week, students will have the opportunity to put their problem solving strategies to the test and compete a mathematical puzzle. Students who participate will need to hand in the completed task to Ms Laver, and if correct, will receive a certificate at assembly and a small lucky dip treat! If students have any puzzles that could be included in future newsletters, please let Ms Laver know. The first Puzzle is for the year 5 and 6s to try. Enjoy and good luck.

How many triangles are there?



## CANTEEN REPORT Mrs Diane Cameron

Firstly, many thanks to the parents who responded to the Parent Helper request. I will get back to you all as soon as possible.

**Please remember to change your child's Class and Year Level on Qkr** so their lunch orders are delivered to the correct class. I still have some **students and staff who haven't changed these** details on Qkr. Just a reminder to parents, if you have ordered a lunch order on Qkr for your child and they are absent on that day or go home early, please advise the Canteen as soon as possible, so the item can be removed from the list for the day, if possible.

As mentioned in the last newsletter there will be a Sushi Day on the last Tuesday of every month (except April, September and December). Our first one for the year is next week on Tuesday 28 February. Orders, via Qkr only, closed yesterday Thursday 23 February.

Many thanks to the volunteers who helped out over the last fortnight.

CANTEEN ROSTER			
Mon 27	Tue 28	Thu 2	Fri 3
Leah Wheatley	Tarsha Warren	Jill Donnelly	Jane Donaldson
Mon 6	Tue 7	Thu 9	Fri 10
Shauna McMillin		Kate Gibbon	Curriculum Day

## ART ROOM Ms Jenny Lang

The Art room urgently needs more newspapers.

I would be very appreciative if you are able to help out with recycling your old newspapers, egg cartons or cardboard tubing to the art room. Please leave them at the door of the art room.



## BERTHE MOUCHETTE COMPETITION Madame Snow



What is it?

The Berthe Mouchette Competition is an opportunity for students to practice the French language by participating in a competition with great prizes to be won!

There are two categories, oral and written and an additional “nouveau” a Drawing Competition for the Primary level participants & Years 3-6 recital of a French poem.

The prizes

All participants receive a certificate and prizes are awarded to the 1st, 2nd and 3rd place winners of each year level.

Prizes include beautiful French books, encyclopedias, CD, DVD

Who can enter?

The competition is open to all students from Year 3 to Year 12 in all schools across Melbourne and Victoria. Even students from non-participating schools and home schooled students may enter as independent candidates.

How can I enter?

By paying the fee on QKR and completing the online permission form or by returning your payment in a clearly marked envelope by Wednesday 1 March 2017.

ENTRY FEE \$6.20

(We will be practicing at lunchtime as part of our extra-curricular activities program)

### INSPORTZ SANDRINGHAM

#### Indoor Cricket

Under 11's, 13's, 15's & 18's

6 PLAYERS A SIDE

COST: JUNIORS \$72 PER TEAM

UNDER 11's \$66 PER TEAM

#### REGISTRATION FEES

JUNIORS: \$72.00 PER TEAM

UNDER 11's \$66 PER TEAM

MONDAY U/18'S

TUESDAY & FRIDAY

U/9'S, U/11'S, U/13'S & U/15'S

THURSDAY U/15'S & U/18'S

FOR FURTHER INFORMATION-

CALL US ON 9532 2226.

OR REGISTER YOUR TEAM AT

[www.insportzsandringham.com.au](http://www.insportzsandringham.com.au)



## Junior Indoor Cricket

**ENTER NOW !!**

ALL YOU NEED TO BRING IS YOUR MATE  
WE PROVIDE BATS, BALLS, GLOVES  
& UMPIRES

PHONE :9532 2226

FAX : 9532 2278

REGISTER YOUR TEAM AT

247 Bay Rd

Sandringham, 3191

Phone: 9532 2226



[www.insportzsandringham.com.au](http://www.insportzsandringham.com.au)

**BONKERS BEAT**  
Music Kinder Aspendale

Your Family and Children are Invited to...

## Open Day

**Saturday 4 March 10am-12pm**

49 Laura Street Aspendale

**Music Show and Yoga  
with Bonkers the Monkey**



- Activities for Children • Jungle Bags
- Jungle Treasure Hunt & much more...

**9587 8786** [BonkersBeat.com](http://BonkersBeat.com)

Come and feel the beat of the jungle!



## PLEASE REMEMBER TO LABEL ALL OF YOUR CHILD'S BELONGINGS

Please remember to label all of your child's clothing and personal belongings prior to them being brought to School, so we can return them if they get lost.



with  
MasterPass

### QKR PROMOTION

Dear Parents/Guardians

The **Qkr Team** are offering two prizes of **Village Movie Tickets** for four, (2 adults & 2 children). The tickets also includes 4 x small popcorns, 4 x drinks & 4 x chocolates.

To enter the draw, all you have to do is pay for your child's **Ride Wristband** for our Twilight Fair on 17 March, on our school's **Qkr App** before the **28 February 2017**. [The two winners will be notified via email].

Introducing **Qkr!** (pronounced 'quicker') by Mastercard, the secure and easy way to order and pay for items from your phone at a time and place that suits you.

With **Qkr** you can:

- Pay for school fees/charges, excursions, camps, sports events, lunch orders and more;
- See your receipts on the app and get them sent by email if required.
- **Note:** This is our preferred method of payment.



#### Step 1. Download Qkr!

On your Android phone or iPhone.  
iPad users must download iPhone app.

#### Step 2. Register

Select your Country of Residence as 'Australia' and follow the steps to register.

#### Step 3. Find our school

Our school will appear in 'Nearby Locations' if you're within 10km's of our school, or search for our school by name.

#### Step 4. Register your child

When first accessing our school you will be prompted to add a student profile for your child/children. This allows you to make orders and payments for them.



Download on the  
**App Store**



GET IT ON  
**Google play**



with  
MasterPass

**TERM 1**      *EPS Extracurricular Activities***Art**

Let loose with your creativity and artistic skills, come and have a go at making something spectacular in the art room!

**All About Race Cars**

Imagine what it would be like around fast cars, loud engines and screeching tyres. Learn all about what it takes to be a race car driver up close and personal!

**Cartoon Club**

Get your pencils and drawing skills out; it's time to create cheerful, cheeky, charming and eye-catching cartoon characters!

**Circus Spectacular**

Want to learn some amazing circus tricks or simply want to brush up on your hand-eye coordination skills? Come and learn a few spectacular tricks in the hall with us!

**Coding**

Learn to be a tech whiz and understand the language of IT. Join us at Coding to realise your potential as a creator and see where your imagination will lead you!

**French Poetry Competition**

Last year EPS students who participated in the French Poetry Competition dazzled the school with their talent and eloquent speaking. Once again, Mme Snow will be working with passionate students to recite beautiful poems in French. We wish everyone the best of luck!

**Gardening Club**

Have a green thumb? Or do you simply want to help keep our beautiful gardens clean and pristine? Come and learn some useful tricks to keep a garden fresh and healthy.

**Hoop Time Basketball**

Once again our year 5/6s have the chance to participate in the Hoop Time Basketball competition against other schools. You'll see them training in the basketball court to perfect their dribbling and shooting skills.

**Library**

Dive into a good book and get lost in many magical worlds. Let the stories take you on an epic adventure here in the library.

**Printmaking**

Ready to try something new? Creativity and a wild imagination is all you need to participate in this fun art activity!

**Rally Car Workshop**

Here is an awesome way to raise money for the Cancer Council- race a car that is worth under \$1000 from Adelaide to Cairns! Come and learn about what the race is all about and how Cliff modified his car to make it race-worthy!

**Recycled Art in the Harmony Pit**

Are you ready to let your imagination run wild and create amazing structures out of everyday items? This is the activity for you! Come and join us as we use cardboard boxes and other materials to build some marvellous creations.

**SRC**

The Student Representative Council meets once every fortnight to discuss events and activities for the whole school. We are currently preparing fun activities and fundraisers for this term

**TERM 1 EPS Extracurricular Activities Timetable**

DAY	Dates	Extra-curricular Activity	Who	When	Where	With
Monday	Feb 20 Feb 27 Mar 6 Mar 13 Mar 20	Art	Year F - 6	1:35 - 2:10	Art Room	Miss Jenny Lang
	Feb 20 Mar 6 Mar 13 Mar 20	Cartoon Club	Year F - 6	1:35 - 2:00	4A	Miss Jacqui Miller
	Feb 20 Feb 27 Mar 6 Mar 13	Printmaking	Week 4: F Week 5: 1/2 Week 6: 3/4 Week 7: 5/6	1:45 - 2:20	1B	Mrs Kim Noetzel (parent) and Miss Jess McGheachin
Tuesday	Feb 21 Feb 28 Mar 7 Mar 14 Mar 21	Library	Year F - 6	1:45 - 2:20	Library	Mrs Jane Hayes
Wednesday	Feb 22 Mar 1 Mar 8 Mar 15 Mar 22	Gardening Club	Year F - 6	1:35 - 2:00	1C	Miss Ann McAllen
	TBA	Rally Car Workshop	Year 5/6	8:00 - 8:45	Outside	Mr Cliff Wheatley and Mrs Charlotte Roa
Friday	Feb 24 Mar 3 Mar 10 Mar 17 Mar 24	Recycled Art in the Harmony Pit	Year F - 2	1:45 - 2:20	Harmony Pit	Carla Dix (parent) and Mrs Charlotte Roa
	Feb 24 Mar 3 Mar 10 Mar 17 Mar 24	Hoop Time Basketball	Year 5/6	start of lunch	Basketball Court	Mr Scott Chahvell
	Feb 24 Mar 3 Mar 10 Mar 17 Mar 24	Coding	Year 4 - 6	2:00 - 2:30	Computer Lab	Mr Luke McMaster
	Feb 24 Mar 3 Mar 10 Mar 17 Mar 24	Circus Spectacular	Week 4: F Week 5: 1/2 Week 6: 3/4 Week 7: 5/6	1:25 - 2:00	Hall	Miss Amy McEwen (student teacher) and Mrs Brittany Trotter
TBA	TBA	All About Race Cars	TBA	1:00 - 1:40	Outside	Ms Melinda Price and Mr Andrew Schneider



Chelsea FC welcomes you to join the best club in Victoria.



## Online Registrations Open

Girls & Boys, Men & Women are all welcome to register.

The 2017 Soccer season starts Term 2. Junior player assessments start early February, check website for dates.

Register online at: [www.chelseafootballclub.com.au](http://www.chelseafootballclub.com.au)

E-mail: [chelseafootballclubaustralia@gmail.com](mailto:chelseafootballclubaustralia@gmail.com)



Chelsea Soccer Club - Australia



Discover why Chelsea FC is "The Club to Be With".



## CHILDREN'S YOGA COMING TO THRIVE YOGA & PILATES STUDIO - EDITHVALE

THRIVE



Yoga & Pilates

Studio

Thrive Yoga & Pilates Studio will be including an EXCITING ADDITION to it's regular timetable in March 2017

## CHILDREN'S YOGA

Classes will run on a Wednesday at 4.30pm with the possibility of a second class at 5.30pm Wednesday (During school term)

We are also taking bookings for Term 2 as only 5 weeks remain for Term 1

**Ages from 5 to 12 years of age - Cost \$15 per session**  
**Small Classes in a Supportive Environment**

Yoga is ideal for children to develop body awareness, manage stress through breathing technique, meditation, increase in self-confidence and create healthy habits for life.

We are taking expressions of interest via Amy 0410473996 or [amy@thriveyogapilates.com.au](mailto:amy@thriveyogapilates.com.au)



## CENTRAL BAYSIDE COMMUNITY ORAL HEALTH SERVICE

### IS YOUR CHILD DUE FOR A CHECK UP?

Central Bayside Community Oral Health Service is currently offering dental examinations and treatment to children attending your school. Formally the School Dental Service located at Parkdale, is now part of the Community Oral Health Service.

**My child has visited the Oral Health Services (formally School Dental Service) before:**  
If your child/children has previously been seen by the Oral Health Services or the school dental program you will receive a letter offering you an opportunity to make an appointment when your child is due for their next check-up. In this case, no action is required.

**My child has never visited the School Dental Program:**  
Please contact Central Bayside Oral Health Service on **8587 0350** for an appointment.

### Who is eligible?

- Children and young people:
  - All children aged 0 – 12 years (fees apply for non concession card holders)
  - Young people aged 13 – 17 years who are health care or pensioner concession card holders or dependants of concession card holders
  - Children who are eligible for dental benefits under the Child Dental Benefits Scheme

### Where is the service located?

Central Bayside Community Health Service  
Oral Health Service  
335-337 Nepean Highway  
**PARKDALE**  
Phone: 8587 0350

**Entrance is off Carrier Avenue**





## Develop the confidence of a winning smile

Crooked teeth? Bad bite? Get professional advice from a specialist orthodontist today.

**Free initial visit.** No referral needed.



**straight orthodontics**  
health | harmony | confidence

**MENTONE  
FRANKSTON 9585 8000**

## News from Chelsea Heights Community Centre

Lots of exciting NEW activities on offer this Term at Chelsea Heights Community Centre.

On Monday mornings Happy Kids Sports is for 2.5 to 5.5 year olds and teaches basic sport skills in a fun environment. We have added a Monday afternoon Pilates class - 2pm to 2.45pm, perfect for busy parents before its time for that school pickup.

A Senior Bike riding group will run on Wednesday mornings, leaving the Centre at 9.30am with Volunteer leaders and on Wednesday evening Yoga classes suitable for all levels are on 7pm to 8pm.

Places are filling fast for our Wednesday and Thursday morning four hour child cares sessions and Playgroup makes its return on Wednesday mornings.

Please visit our website for a full program at [www.chelseaheightscommunitycentre.com.au](http://www.chelseaheightscommunitycentre.com.au), ring 9772 3391 to book, for more details or our Term brochure, or just drop on by.

## Edithvale Physiotherapy Tried everything? Try us!

Physiotherapy • Massage • Myotherapy • Pilates



**Tel (03) 9772 3322**

285 Nepean Hwy, Edithvale [psmgroupp.com.au](http://psmgroupp.com.au)





Gentle and Caring Services  
Children's Dental Therapist  
General, Cosmetic  
& Implant Dentistry  
Exams for children under 4 free

**9590 9120**  
[www.dentalharmony.com.au](http://www.dentalharmony.com.au)  
286 Wells Road,  
Aspendale Gardens



dental harmony



# Yogabeen

Parent Child Yoga

**ENROL NOW FOR 2017**




Yogabeen Family Yoga offers a wonderful space to simply unite as a family. The session allows families to spend time together in a fun, playful and supportive environment. Each family member will not only feel the benefits from the yoga practice but also cherish the chance to bond again as a family.

These classes offer a wonderful opportunity for parent-child bonding as accompanying adults are invited to join the class for free.

Suitable for children 5 -10 years

Term 1 | Thursdays 4.00pm – 4.45pm | 2 Feb – 30 March 2017  
\$12 per class | \$108 (9 week term) | Bookings Essential 9587 5955

**Aspendale Gardens Community Service**  
103-105 Kearnsey Drive, Aspendale Gardens 3195  
9587 5955 | [www.asgcs.net.au](http://www.asgcs.net.au) | [enquiries@asgcs.net.au](mailto:enquiries@asgcs.net.au)



**SCOOPS**  
FITNESS & HEALTH

**2 WEEK  
FREE TRIAL**

FUN, SMALL  
GROUP TRAINING  
THAT GETS  
RESULTS

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www.scoopsfit.com.au scoopsfit@gmail.com

**BOOK NOW  
0410 523 378**

DID SOMEONE SAY UNLIMITED RIDES?

**WRISTBANDS  
AVAILABLE NOW**

Edithvale Primary School  
Payments

Charges: Camps/Exc/Activities Payments Staff

Unlimited Rides - Wristbands \$30.00

**\$30.00 each on...**

**Qkr!**

**Aspendale Gardens  
COMMUNITY SERVICE**

**HIP HOP  
FOR KIDS**

**ENROL NOW FOR 2017!!**

Does your child want to learn some great moves while having lots of fun?  
If yes, these Hip Hop Classes are a great opportunity for your kids to learn to turn, jump, slide and move to the groove in choreographed routines which are so much fun.  
Great for building confidence, coordination and stimulating creativity and love of music!

Term 1 | Fridays 3.45pm & 4.40pm (45 min classes)  
\$80 (ten) week term | Friday, 3<sup>rd</sup> February to Friday, 31<sup>st</sup> March  
Bookings Essential 9587 5955

**Aspendale Gardens Community Service**  
103-105 Kearney Drive, Aspendale Gardens 3195  
9587 5955 | www.agcinc.org.au | enquiries@agcinc.org.au

**BONBEACH YCW  
Junior Football Club**  
*A smoke-free environment*

**BONBEACH Y.C.W. JFC**

**Welcomes Players and Families  
Season 2017**

**Boys: U9's to U17's  
and  
Girls: U12's & U15's**

Registrations now open at <http://bit.ly/2hmkSSf>

**Meet the Coaches / Registration Day:  
Sunday 5 March 10am – 1pm**

- ✓ (new Members please bring Birth Certificate)
- ✓ Fees: \$170.00 for first player in family, \$80 for next players
- ✓ Sponsorship Opportunities Available

**Family Friendly & Community Focused**

For further details, please contact  
**Andrew Fald** – [registrar@bonbeachycwfooty.org](mailto:registrar@bonbeachycwfooty.org)  
**Jamie Johnson** – [president@bonbeachycwfooty.org](mailto:president@bonbeachycwfooty.org)

**BONBEACH RESERVE  
NO 5 OVAL  
SCOTCH PARADE  
BONBEACH**

MELWAYS REF M97 F3



**heartworks**  
Sharing, Learning, Building



**Can't get through to your pre-teen or teen?  
Is the frustration affecting your relationship?**

The Communicating with your Adolescent workshop will support parents by targeting personal effectiveness in communication skills to enhance your relationship with your child. You will explore the origins of your communication style, better understand the communication styles used by others and develop personal communication skills.

You will gain a better understanding of your approach to the relationship, and specifically to communication with your adolescent. The workshop will enable you to develop reliable strategies and tools to become more effective in your communication, fostering a stronger relationship with your pre-teen or teen.

**Topics include:**

- Self-awareness: understanding who you are and how you came to be at this point
- Active listening skills
- Conflict resolution and problem solving
- Being assertive
- Practical tools and strategies

Investing a few hours now, will create a valuable roadmap for navigating those challenging teen years.

**Best suited to:**  
Parents and carers/adolescents aged 10 to 17 years.

**When:**  
The workshop runs across three Wednesday evenings:  
Wednesday 15th March 7pm to 9pm  
Wednesday 22nd March 7pm to 9pm  
Wednesday 29th March 7pm to 9pm  
Light refreshments provided.

**Where:**  
Family Life meeting room, 157 Bluff Rd, Sandringham.

**Cost:**  
\$45 per person (2 days consecutive)

**Bookings and more information:**  
To book or for more info, visit us at [heartworks.com.au](http://heartworks.com.au)  
email [heartworks@familylife.com.au](mailto:heartworks@familylife.com.au) or call (03) 9599 5488

**family life**  
Social Enterprise

## EDITHVALE PRIMARY SCHOOL—CALENDAR—TERM 1, 2017

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