



# EDITHVALE PRIMARY SCHOOL

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Term 3—Week 3

29 July 2016

Working Together, Aspiring Higher, Connecting with our Community & Doing the Right Thing



Download Qkr and register today—the easiest way to make your School payments.

Download tiqbiz and register today—**so you don't miss out** on important information.



## PRINCIPAL'S REPORT Mr James Whitla

It is hard to believe that we are at the end of week 3 already!

We were fortunate to have Dr. John Munro work with our staff and students last week on effective questioning techniques. Our staff are constantly **seeking different ways to stimulate our students' creativity and curiosity and John's work has been integral** in this process. One of our foci over the remainder of the year is to Frame Higher Order Questions to help students to think more deeply, critically and solve problems.

We aim to move beyond the usual (80%) recall questions that are asked of students into deeper and richer questions and I have enjoyed using some of the question stems listed below with my family and friends **recently!!! The responses have been intriguing and I'd** encourage you to experiment with these with your child and listen to their often, intuitive, creative and thoughtful answers.

Is there a better solution to...?  
Judge the value of... What do you think about...?  
Do you think...is a good or bad thing?  
How would you have handled...?  
Do you believe...? How would you feel if. ...?  
How effective are. ...?  
What are the consequences..?

Higher order questions are those requiring complex application, analysis, evaluation or creation skills. Questions at higher levels of the taxonomy are usually most appropriate for:

- Encouraging students to think more deeply and critically
- Problem solving
- Encouraging discussions
- Stimulating students to seek information on their own

**With the Olympics just around the corner we'll be** having an immersion day at school that our Creativity and Curiosity team has developed. After an opening ceremony our students will participate in a number of modified Olympic Sports and represent randomly selected countries.

Our school website has been recently updated and there is a link to Social Media- Tips and Supports for parents that is well worth a read.

## SCHOOL COUNCIL PRESIDENT'S REPORT Mr Steve Smith

Our Buildings and Grounds sub-committee has set a date for our Term 3 Working Bee. It will be an afternoon Working Bee on Friday 12 August from 3:30 pm - 6:30pm. We are looking for Parents to help with some projects around the school. This includes painting the wooden fence at the back of the oval, staining benches, filling planter boxes with soil, planting and general tidy up of the grounds.

This Working Bee will also include some repairs to garden beds and repairs to the irrigation system around the Veggie Patch. Please advise us if you will be attending by filling out the slip that will be sent home in the purple pockets and returning it to the office by Friday 5 August. We finish off the Working Bee with a BBQ and drinks making it a great social occasion as well. We look forward to seeing you there.

The Fair sub-committee has launched a School Fair Logo Competition. Students have the opportunity to create a logo for our fair, which will go on all of the signs, letters, brochures, website, newsletters and other information involved with our fair. Entries need to be handed in to their class teacher no later than 3:30 pm on Thursday 25 August. The winning entry will **have their version of the logo 'digitised' and made into** the logo for our 2017 fair. The winner will also receive a free unlimited ride pass for the fair. For more information, look for the flyer that will be sent home in the purple pockets today.

At our recent School Council meeting, we reviewed the following policies: Working with Children, Homework, Mandatory Reporting, and Uniform. We also discussed the Connecting with the Community Parent feedback comments that were received at the Parent/Teacher interviews before the school break. We want to thank everyone who took time to participate in this survey. If you are interested in being involved in any of the sub-committees, or have any good ideas please come and see me or put in a note at the office.



## ART NEWS Ms Jenny Lang

All the grades have been very busy creating, making and painting artwork for our Art Show on **Thursday 1 September**. The theme is **"Somewhere over the Rainbow"** from the Wizard of Oz.

To raise money for a new kiln for the art room, **we are also going to have a "Silent Auction"** of artwork created by our very talented teachers. If YOU (parents and caregivers) would like to be **part of our silent auction ... and donate a piece of art** that you have painted or made please speak to the office staff or Ms Lang for more details. The art work needs to be finished by Friday 29 August.

Have you ever wanted to design and paint your own shoes? Come along to the Art Show on Thursday 1 September from 5-7 pm to give it a go. Bring along a shoe or shoes and have fun with glitter and paint. As this is a fundraiser, there will be a small donation sought for the opportunity to create something special.



We are going to have a fantastic lucky door prize too. There will be a yummy sausage sizzle run by our wonderful parents.



## THE BOOK FAIR IS COMING.... THE BOOK FAIR IS COMING!

Yes Folks, it's that time of year again. Our always bonza Book Fair will be bounding over from Monday 5 September to Thursday 8 September. This years theme is **"Australia! Story Country"**. So, hop on over to our library and grab yourselves a fair dinkum bargain!

In order for the Book Fair to run smoothly, we are asking for volunteers to help out. We need helpers for both the morning and afternoon sessions. You would be required to help out at the cashiers table & keep the shelves tidy. Keep an eye out for a separate notice coming home soon about helping at the book fair.

We look forward to seeing you all there!

## CANTEEN Mrs Diane Cameron

What a crazy two weeks have gone by with all sorts of weather being witnessed through the **canteen window (for Play School devotees it's the Rectangle Window)**. With some wet day timetable days, I thought the window sales would be quiet, alas 'no'. There has been a great demand for toast at Recess and Icy Poles at Lunch time.....WHAT THE!

The Canteen Cup is being followed by quite a number of classes. Many asking how many points they have received when dropping off their class crate or collecting the crate at lunch time. As at Monday 25/7, 1A and Foundation C are in front by one point. There has been a huge improvement in crates being delivered by 9.30am and the **student's manners, as well as compliments, are much better.**

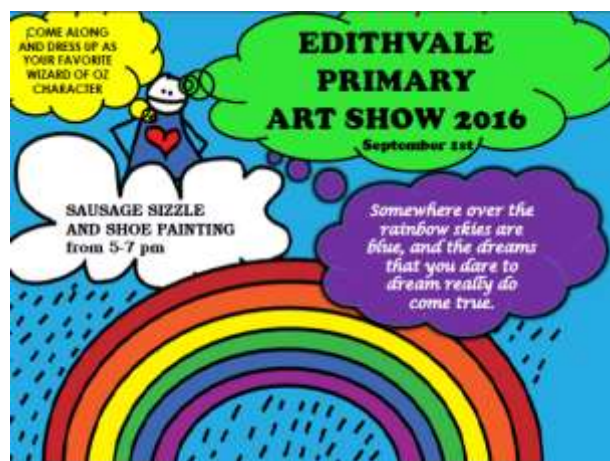
**'Celebrate Canteen' week will be 8 to 12 August .** Hopefully there will be some daily window sales specials.

As there is much on at the school this term, there will be no Special Lunch Day, but we will have a Sushi Day towards the end of Term 4.

A HUGE thankyou to Rachel for stepping in to help in the canteen last Friday. I am a very lucky Canteen Manager with a great support from parents at this school. Also thanks to Simone, Jackson, Ella and Sarisha for helping in the canteen at lunchtimes.

## CANTEEN ROSTER—TERM THREE

Mon 1	Tue 2	Thu 4	Fri 5
	Kate Gibbon	Jill Donnelly	Nicole Butcher
Mon 8	Tue 9	Thu 11	Fri 12
Anna Ericsson	Becky Evangelista	Dana Page	Rachel Hepworth



## Edi's Math's Corner

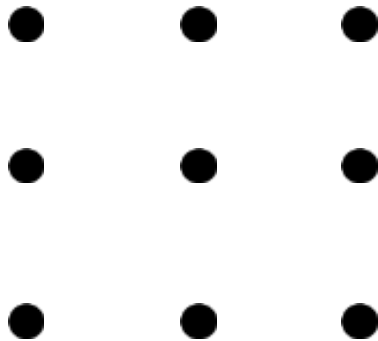


### PUZZLE TIME!

Now this really does need some imaginative thinking - but it is possible!!

Can you join all nine dots with four straight lines, without taking your pencil off the paper?

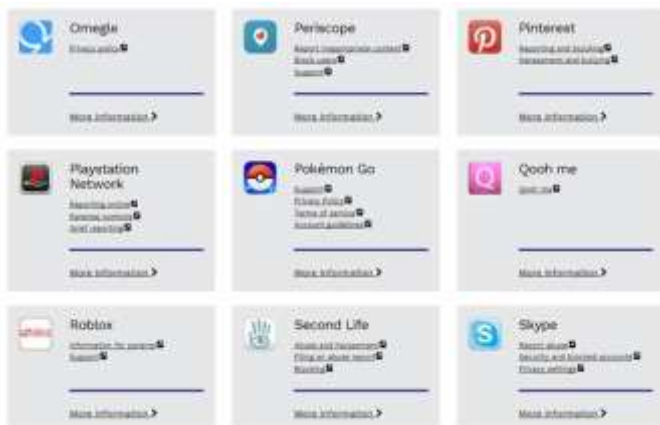
You can not go over any line twice.



### SOCIAL MEDIA- TIPS AND SUPPORTS FOR PARENTS

As we continue to monitor and update our school policies-including our Cyber Safety Policy- we believe that it is worthwhile sharing some of our current reading and advice on the pros and cons of using social media sites (some of which are pictured below)

All social networking sites have their own version of **'default' privacy and security settings**. It is important that you know how the site works and how to change the settings to protect your personal information. The link included here, **from the Australian Government's esafety commissioner**, <https://esafety.gov.au/esafety-information/games-apps-and-social-networking> gives you access to step-by-step instructions to control your settings for each social networking platform.



We encourage you to familiarise yourself with the tips and support provided.

### THE FRENCH JOURNAL

Madame Sylvie Snow et Sara

#### ***Let's put a "French Touch" in Edithvale!***

Wednesday 31 August 2016 will be our French Cultural Day at Edithvale Primary School.

The French celebration will start with an Assembly/Parade in the morning at 9.05am (students/staff). Parents are welcome to watch the Parade!

A roster will be done during the day for the students to collect their French Crepe from our **French Chef "Robert"** (order forms will be send prior to the day). **'Miaaaaaaaaaaam'**



We will run a competition throughout the whole school and the theme is - **"Comedy, Drama & Mime"**.

Students can be dressed as Comedians, Actors, Mimes with/or a touch of French (Colors bleu/ blue, blanc/white, rouge/red).

A panel will be selected to judge the most original outfit per class, as a reward the winners will receive a free crepe.

The categories are:

The best Comedian, Actor, Mime outfit!

The Best Staff members Comedian, Actor, Mime outfit!

We hope that everyone at Edithvale Primary School will embrace the spirit of the **"French-je-ne-sais-quoi!"** and dress up to the event!

PS: Please encourage your child to be dress up to make this French Day even more successful!

A Big 'Bravo' to the 13 finalists who have had the honor to be selected in the French Poetry Competition last Sunday 24 July at the Alliance Française of Melbourne in St Kilda!







## National Asthma Week 1-7 September:

The theme for National Asthma Week 2016 is Become a Better Breather. National Asthma Week coincides with the beginning of spring and as pollens are a known trigger for asthma, this is an excellent time to ensure your child's asthma is well controlled. Sections of the Asthma Australia website that can help with asthma management include:

- Take the [Asthma Control Test](#) to see if you could make improvements to help your child become a better breather.
- Manage [allergies](#) often linked with asthma, including allergic rhinitis (hayfever).
- Did you know? 90% of people with asthma use their medications incorrectly.
- **Check your child's [technique](#)** to see if they are getting full benefit from their medication.

**Regular review of your child's asthma with your GP and pharmacist** will help them to become a better breather.

**Need help with your child's asthma? Contact our Asthma Assist line** on 1800 ASTHMA (1800 278 462) and talk to one of our friendly Asthma Health Professionals.

National Asthma Week 1-7 September: Print only version (i.e. no links included)

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- Take the Asthma Control Test to see if you could make improvements to help your child become a better breather.
- Manage allergies often linked with asthma, including allergic rhinitis (hayfever).
- 90% of people with asthma use their medications **incorrectly**. **Check your child's** technique to see if they are getting full benefit from their medication.

**Regular review of your child's asthma with your GP and pharmacist** will help them to become a better breather.

**Need help with your child's asthma? Contact our Asthma Assist line** on 1800 ASTHMA (1800 278 462) and talk to one of our friendly Asthma Health Professionals.

**Asthma Management in Winter and Spring:**  
Asthma is one of the most common chronic childhood conditions, affecting 1 in every 10 children in Australia. Emergency admissions and hospitalisations peak during the winter for children with asthma and flare-ups are often more prevalent during the winter and spring. Good management however can help children with asthma and their carers get through this tricky time of year with more confidence.

Here are a few tips for parents and carers:

- make an annual appointment for an asthma review **by your child's doctor**
- **update your child's Asthma Plan at the start of each year** and provide a copy to the school
- talk to the teacher and other key staff about your **child's asthma** - their usual triggers, symptoms and medication
- provide an in-date blue reliever puffer and spacer

**for use at school (clearly labelled with child's name and date of birth)**

- help your child understand the importance of taking their preventer medication every day, as prescribed
- ask their doctor about having a flu vaccination
- **encourage hand washing and covering one's mouth** when coughing to help prevent the spread of germs

School sports and asthma:

Physical activity acts as a major trigger in up to 90% of people with asthma. Exercise Induced Bronchoconstriction (EIB), commonly known as exercise induced asthma, is the temporary narrowing of the lower airways, occurring after vigorous exercise. People with poorly controlled asthma are at a higher risk of EIB due to the sensitive nature of their airways. This may result in episodes of coughing, wheezing, a feeling of chest tightness/discomfort or shortness of breath, often worsening 5-10 minutes after exercise.

To ensure your child can safely participate in sports and exercise at school, the first step is to make sure their asthma is well controlled. If your child is requiring their reliever medication more than twice a week, it is a good idea to see their GP for a review as this may indicate poorly controlled asthma. Also provide the school with an Asthma Plan from the doctor, particularly before a sport carnival or excursion. The plan will include any instructions for EIB (e.g. use of their asthma reliever prior to physical activity). You can help them check that they are using their asthma devices correctly by watching our videos on the Asthma Australia website.

**For support with your child's asthma please contact your local Asthma Foundation** on 1800 ASTHMA (1800 278 462) to speak with one of our Helpline staff.

Asthma app:

The new Asthma Australia asthma app brings together a raft of resources in one convenient place to help you **ensure your child's asthma is managed as well as possible**. Sections include information on medications, device technique videos and Asthma First Aid in an emergency. The app is free at the iTunes store (Android coming soon).

For **primary** aged students:

Asthma Kids

Looking for a way to help your child understand more about their asthma or about a friend with asthma? Asthma Kids is an online, interactive tool to help primary school aged children understand what **it's like to have asthma** and what they can do to help. Check it out at [www.asthmakids.org.au](http://www.asthmakids.org.au)



For **secondary** aged students:

Young people with asthma

Asthma Australia has established a Facebook page, Young People with Asthma - Australia, to provide the latest information and research for these young people and their supporters. We recently commenced posting profiles to **share young people's stories and experiences**. Refer to the page for details if you have a child who might want to share their asthma story. We are also setting up a Q&A function where an Asthma Educator will respond to young **people's questions through the page**.

## TERM 3 EXTRA-CURRICULAR ACTIVITIES

### Mrs Sharlotte Roa

Term 3 is here and with it comes an impressive list of extra-curricular activities! A big thank you once again to all the staff, parents and friends of our school community who have volunteered to run an activity. We are excited to present new opportunities for everyone to explore and discover what hidden passions or talents you might have! Here is a short description of each activity with a timetable below:

#### Cheerleading

The ever-so-talented EPS Cheer Team will be practising and training hard this term for our first competition in September with the AASCF (Australian All Star Cheerleading Federation). Wish us luck!

#### Crack the Code (Coding)

Interested in refining or learning how to use code to animate and create? Come down and join us at Crack the Code on a Tuesday!

#### Computer Club

Love technology? Come and play a series of fun and exciting ICT games in the lab! Discover and explore the wonderful world of computers.

#### Drama Club

Flashing lights? Screams of adoring fans? Mastery of your acting skills awaits you yet again! Back by popular **demand, come and be a part of what's sure to be an exciting, energetic and expressive group.**

#### Environment

**Stop and smell the roses! It's time to be a true environmentalist. Learn about all green and growing things while keeping our school beautiful and clean!**

#### Gymnastics Club

Want to learn new tricks? Or maybe you would like to challenge yourself and your flexibility. Come and try out the exciting activities in store for you here at Gymnastics Club!

#### Hip Hop

The Hip Hop team will be training hard this term for our first competition with AASCF (Australian All Star Cheerleading Federation). We are so excited to showcase the different techniques and grooves!

#### Indoor Soccer

Test your dribbling skills with a fun indoor soccer game amongst your year level. Master new skills and technique while learning to be a great team player!

#### Lego iStop Motion

Want to learn more about filming, directing and editing using the latest technology? Come and learn how to use figures and pictures to create phenomenal short movies!

#### Mindfulness Meditation

Come and experience calm and tranquillity while relaxing at this new extra-curricular activity! Participate in a range of activities that will help you become as cool as a cucumber in any situation!

#### Netball

Get ready to practise and master your ball handling skills with an experienced netball player! Whether you are looking for some extra practise sessions out on the court or would like to learn how to play netball, there is something for everyone!

#### Percussion Perfection

**Can't keep your hands still? Always tapping out a rhythm or bouncing to a beat? Learn to play percussion like a pro and realise your drumming dreams! Come and join us at percussion club.**

#### SRC

The Student Representative Council meets once every fortnight to discuss events and activities for the whole school. We are currently preparing fun activities and fundraisers for this term.

# EPS EXTRA-CURRICULAR TIMETABLE TERM 3

DAY	Dates	Extra-curricular Activity	Who	When	Where	With
Monday	AUG 1 AUG 8 AUG 15 AUG 22 AUG 29 SEPT 5	Netball	Year 2 - 4	1:45 - 2:20	Netball court	Mrs Amy Gedge and Mrs Catherine Grimwade
	AUG 1 AUG 8 AUG 15 AUG 22 AUG 29 SEPT 5	Lego iStop Motion	Year 3 - 6	2:00 - 2:30	4B	Miss Jacqui Miller
	AUG 1 AUG 8 AUG 15 AUG 22 AUG 29 SEPT 5	Percussion Club	Year 3 - 4	1:45 - 2:20	3A	Mr Christopher Johnstone and Mrs Roa
Tuesday	AUG 2 AUG 9 AUG 16 AUG 23 AUG 30 SEPT 6	Crack the Code (Coding)	Year 4 - 6	2:00 - 2:30	5/6D	Mrs Verona Keogh
	AUG 2 AUG 9 AUG 16 AUG 23 AUG 30 SEPT 6	Cheerleading	Year 2 - 6	1:35 - 2:20	Hall	Mrs Kerrie Evans and Bri Evans (coach) *this team will be competing at the AASCF (Australian All Star Cheerleading Federation) dance division.
	AUG 2 AUG 9 AUG 16 AUG 23 AUG 30 SEPT 6	Environment Club	Year F - 6	1:40 - 2:00	Foundation C	Svetlana Desousa (parent) and Miss Amy Syme-Ross
	TRA (5 sessions)	Mindfulness Meditation	Year F - 1	1:45 - 2:20	3B	Mr Nathan Alkemande and Mr Scott Chalwell
	AUG 2 AUG 9 AUG 16 AUG 23 AUG 30 SEPT 6	SRC	Year 1 - 6	1:45 - 2:20	SLC	Mrs Catherine Grimwade, Miss Ann McAllen and Mr Andrew Schneider
Thursday	AUG 4 AUG 11 AUG 18 AUG 25 SEPT 1 SEPT 8	Computer Club	Year 2 - 4	1:45 - 2:15	Computer Lab	Mrs Nikki Howard
	AUG 4 AUG 11 AUG 18 AUG 25 SEPT 1 SEPT 8	Drama Club	Year 3 - 6	1:35 - 2:00	Learning Centre	Conner (SEDA) and Miss Dinelle Bates
	AUG 4 AUG 11 AUG 18 AUG 25 SEPT 1 SEPT 8	Gymnastics Club	Year 3 - 6	1:45 - 2:15	Hall	Ms Melinda Hatton
Friday	AUG 5 AUG 12 AUG 19 AUG 26 SEPT 2 SEPT 9	Hip Hop	Year 4 - 6	1:40 - 2:25	LC Gallery	Mrs Sharlotte Roa *this team will be competing at the AASCF (Australian All Star Cheerleading Federation) dance division.
	AUG 5 AUG 12 AUG 19 AUG 26 SEPT 2 SEPT 9	Indoor Soccer	Year 2 - 6	1:35 - 2:00 (One year level per week which will be announced)	Hall	Mr Scott Chalwell

# Morris Gleitzman



Book signings afterwards – bring your own book!



**When:**

Tuesday 30<sup>th</sup> August 2016  
4 - 5pm

**For kids aged 9-12.**

**Where:**

Cheltenham Library  
12 Stanley Avenue  
Cheltenham

Book online [kingston.vic.gov.au/library](http://kingston.vic.gov.au/library) by phoning 1300 135 668 or at any Kingston Library branch.

Kingston Libraries

T 1300 135 668 [kingston.vic.gov.au/library](http://kingston.vic.gov.au/library) TTY 9581 4806 [www.kingstonlibraries.vic.gov.au](http://www.kingstonlibraries.vic.gov.au) [www.kingstonlibraries.vic.gov.au](http://www.kingstonlibraries.vic.gov.au)







ASPENDALE GARDENS COMMUNITY SERVICE INC.  
103-107 Keatney Drive ASPENDALE GARDENS VIC 3195

Business Hours: Monday, 12pm to 3pm  
Tuesday, Wednesday, Friday, 9am to 3pm  
Thursday, 8.30am to 3pm

## HIP HOP CLASSES for ages 12-16 years

Fridays, 6pm (\$80.00 per ten week term)



Hey all you Grade 6 students - If you love the latest tracks and want to learn some new skills, these Hip Hop classes are for you!

Suitable for ages 12-16 years, students will learn groovy moves in choreographed routines set to the latest tunes.

No previous dance experience required, no special uniforms or footwear. Just come along and have some fun!!!

Bookings essential, contact our office.

## SYNERGY YOGA - Parent Child Yoga

Suitable for children 5 -10 years

Thursdays, 4.00pm to 4.45pm

(\$12.00 per class or \$100.00 per ten week term)

Yoga has enormous benefits to a child's wellbeing, including improved concentration, better sleep patterns, greater self-esteem and a stronger immune system.

These classes offer a wonderful opportunity for parent-child bonding as accompanying adults are invited to join the class for free.

Bookings essential, contact our office.



## SEPTEMBER SCHOOL HOLIDAY PROGRAM



We will again be running programs during the next school holidays, details of which will be finalised shortly. Please keep your eye out for more details!

Tel: 9587 5955

Web: [www.agcsinc.org.au](http://www.agcsinc.org.au)

Facebook: [www.facebook.com/AGCSinc](http://www.facebook.com/AGCSinc)



Are you in business or thinking of starting your own? These courses might be just the thing for you! Learn locally from a qualified, professional trainer:

### Marketing Your Business With Social Media (NEW)

Cost: \$150

(ACFE funded) (Amenities and materials fees \$18.40. Membership as applicable)

The world of social media can be daunting and complex. Learn how to attract new customers and engage with existing ones through social media. In this course we look at how you can enhance your business marketing by using Facebook, Twitter, Instagram, Pinterest, Google+ and other platforms. Design social media memes and promotions with Canva. We also look at boosting your Facebook audience reach. By the end of this course you will know which platforms are best for your business and how to use them to promote your business.

Saturday, 12pm to 4pm 20 August to 17 September (5 x 4 hour sessions)

### Creating Your Business Website With Wix (NEW)

Cost: \$150

(ACFE funded) (Amenities and materials fees \$18.40. Membership as applicable)

Discover how to create a professional and great looking website with Wix. You will be learning how to use their templates to: Design your website, get subscribers, link your site to social media, add an online store, create a blog, add your site to Google, and much more

Saturday, 12pm to 4pm 8 October to 5 November (5 x 4 hour sessions)

**If you enrol in “Marketing Your Business With Social Media”  
AND “Creating Your Business Website With Wix” the cost will be \$250 for both  
(a discount of \$50).**

Please call us on 9776 1386 to register your interest.

## Develop the confidence of a winning smile

Take advantage of our **free initial visit** and get some professional advice from a specialist orthodontist today. **No referral is necessary.**



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45 Balcombe Rd, Mentone 3585 8000 [straightorthodontics.com.au](http://straightorthodontics.com.au)

## PARKDALE UNITED CRICKET CLUB

### Want to Play Cricket?

Come and join a friendly, well organized and successful cricket club



#### Become a Python!

Under 12 (rookies)  
T-20 Blast  
Under 12 (competition)



#### Under 12 Rookies & competition

For boys & girls 7 to 11 years old

- Played: Saturday mornings & Friday nights

#### T20Blast

For boys & girls 6 to 9 years old

- Played: Saturday mornings

At Jack Grut Reserve, Governor Road, Mordialloc

- Registration: Saturday the 13th August @ 9:00am

Enquires: Daryl Eales 0400 950 484



### MORDIALLOC NEIGHBOURHOOD HOUSE

#### WRITING FOR PLEASURE AND PUBLICATION

Write for your own pleasure without formal assessment in a friendly and supportive environment. Discover what you want to write and how to write it.

Classes are facilitated by a published writer.

Classes held every MONDAY: 10:00am - 12:00pm

For more information, or to enrol, please phone:

Mordialloc Neighbourhood House; 9587 4534



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dental harmony

COME ALONG AND DRESS UP AS YOUR FAVORITE WIZARD OR OZ CHARACTER

**EDITHVALE PRIMARY ART SHOW 2016**  
September 1st

SAUSAGE SIZZLE AND SHOE PAINTING from 5-7 pm

Somewhere over the rainbow skies are blue, and the dreams that you dare to dream really do come true.



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EDITHVALE  
PHYSIOTHERAPY  
CLINIC



# Understanding and Supporting Children with ANXIETY

Teachers, Teacher Aides, Parents, Sports Coaches, Youth Workers, Scout Leaders, Health Workers (and anyone else interested) are invited to an evening with **Jules Haddock**

**This is a Community Event - Everyone welcome!**



7pm to 9pm

Entry \$20

Thursday August 11th, 2016

The Bentleigh Club

33 Yorke St, Bentleigh

FREE onsite car park / Bistro open before event

Tuesday August 30th, 2016

The Shell Club

76 Parnall Rd, Orto (Geelong)

FREE onsite car park / Bistro open before event

30 mins from Westgate Bridge

**Secure your place!**

Email: [rick@criticalagendas.com.au](mailto:rick@criticalagendas.com.au)

Include your name, venue and

number of tickets required at \$20 each.

Collect and pay for tickets on the night.

No EFTPOS

Enquiries: 0433 616 771

Anxiety is something we all experience and is in fact a natural survival response. But anxiety can start to impact our children in an unhealthy way, negatively affecting their journey into life. School pressure, family pressure, social pressure and toxic thoughts, can all see anxiety spiral out of control.

By recognising the signs and symptoms of anxiety, we can provide sound support in assisting our children to build on their resilience and internal coping mechanisms.

In two hours, Jules Haddock, Mental Health First Aid Instructor and, REACH facilitator, will share her support strategies with you when dealing with anxious children.

Session outline:

- Understand anxiety as a natural response to life events
- When to worry about anxiety
- Learning how to recognise anxiety signs and symptoms, as it takes hold upon a child's thoughts, emotions and in turn behaviour.
- Learning how to support a child to manage their anxiety

About the Presenter

Jules Haddock has worked in the non-profit community sector for approximately 15 years, prior to accredited training in the last 12 years

Jules enjoys sharing a creative delivery with her participants, and has a sound reputation as a vibrant and humorous presenter.

She is passionate for the acknowledgement of mental health awareness and de-stigmatising mental illness. She sees the answers lying in education of all.

As a REACH facilitator and Mental Health First Aid instructor, Jules also holds education talks for community groups, corporate businesses, children, and primary and secondary teachers. Jules has and continues to present at a number of national conferences on anxiety and recovery.

Critical Agendas

## Testimonials

Jules is without doubt one of the most engaging, energetic and BRAVE Teachers that I have ever had the pleasure of working with.

Jules is so brave and so fearless in the future in being prepared to share experiences from her own life that she simply had the group totally spellbound on particular days. You can literally hear a pin drop in that training room because Jules had the room so engaged in her training.

She re-engaged us all with her engaging personality, enthusiasm and her passion for the material that she is delivering.

Adam J. Taylor - Trainer for Geelong, East Geelong, Torquay and Corio Melbourne sites.

Just wanted to quickly say the presentation I attended yesterday was one of the BEST I have been to. I got so much out of it and Jules was fantastic and I really clicked with her. Thought I would just let you know!

Chris Pyle Migration Review Tribunal - Refugee Review Tribunal

I have been introduced with positive feedback about Jules's session.

Geelong City Council

Jules was excellent & kept the entire group engaged the whole time. I really thought this should be passed on so this can be recognized. Myself and Patrick Gwyer were discussing the class the whole way home & both felt we learnt more in one class than we thought possible & really took something away with us. Please thank Jules for her training & time. We both look forward with further training with Jules in the near future.

Patrick Gwyer Employee Services Consultant - OES

Comments: an amazing lecture given by Jules, a treasure of humour, and wisdom of the society we live in. Gave me knowledge which will be helpful in the workplace.

Evaluation Report Name and Community Care Training - Barrow South Western Region

Andrew Fuller presents

# How to Deal with Young People and Guide them to Success!

(Without going crazy!)



\$20 entry

Teachers, Teacher Aides, Parents, Sports Coaches, Youth Workers, Scout Leaders, Health Workers (and anyone else interested) are invited to an evening with **Andrew Fuller**

**This is a Community Event - Everyone welcome!**

Monday August 1st, 2016

7pm to 9pm

The Olympic Hotel

31 Albert St, Preston

(Wheelchair access available)

On site FREE car parking

\$20 per person (at the door)

NO EFTPOS

**Book your place!**

Email: [rick@criticalagendas.com.au](mailto:rick@criticalagendas.com.au)

Include your name and

number of tickets required.

Collect and pay for tickets

on the night at \$20 ea. No EFTPOS

Enquiries: 0433 616 771

Dealing with young people (especially adolescents) can be tricky - especially if they themselves are a tad tricky. Over the 30 years that Andrew Fuller, a leading and highly renowned child psychologist, has worked with young people he has developed his own bag of tricks that will enable you to effectively deal with young people and guide them to success - complete their education, leave home, get a job and become wonderful adults!

This 2-hour presentation will provide teachers, parents and anyone who deals with young people with guidance to understanding what is really going on in the minds of young people (and why) and the positive role teachers, parents and others can play in guiding them in the right direction

(Without going crazy!)

Topics to be included:

- How to engage young people and steer them toward success
- Effective and efficient parenting and teaching strategies
- Creating a calm, learning classroom
- Time savers, time management and nifty tricks
- Tricky kids and tricky teens and how to teach and parent them
- Computer use and parenting
- How to reduce sibling rivalry
- Angry kids and how to understand them
- How to communicate effectively
- Giving effective feedback

## Testimonials

Andrew Fuller was very inspirational and entertaining. Thanks! Professional Teachers Council NSW.

Thank you so much, I think I understand some of the members of my family as well as some of my students a lot better now!

Phillipa, Queensland teacher

You recently came to Alexandra Secondary College and spoke to student leaders on resilience. I found this talk not only useful but inspiring...you seem to have a way of getting through to people, students especially, that other speakers don't.

Stevie Yr 12 SRC President

We are still hearing rave reviews of the evening and your presentation... I feel so delighted that the word is spreading and parents are saying how energised they feel AND telling their friends and relatives about it! Thanks again. Glenda, Assistant Principal



## EDITHVALE PRIMARY SCHOOL--CALENDAR--TERM 3, 2016

[illegible]