

Foundation - Learning Grid #1

There are 30 points available in this grid, and your goal is to collect 20 points over the course of 2 days. You must complete the maths and Literacy tasks :)

There are PE, French and Art activities available below the grid.

4 points	4 points	4 points
<p>READING Read your reader with an adult</p> <p>Sunshine Online has online books - Emergent Levels 1-5 <u>Username</u> - edithvale <u>Password</u> - edithvale</p> <p>Continue to read picture story books with your child</p> <p>ABC revise letter NAMES (GRAPHEME) and SOUNDS (PHONEME) Ss,Aa,Tt,Pp,li,Nn,Ee,Cc,Kk,Ee Continue to read/revise letters and sounds in your name</p>	<p>SCIENCE What is the weather like outside? Draw a picture of what the weather is today.</p>	<p>MATHS Log on to MangaHigh and complete the set tasks. Every medal is worth 1 point, complete them all to get 4 points</p> <p>Maths: Challenging task: Noah saw 12 legs walk by into the ark. How many creatures could he have seen?</p> <p>How many different answers can you find? Can you explain how you found out these answers?</p>
3 points	3 points	3 points
<p>HEALTH AND PHYSICAL EDUCATION Discuss staying healthy with your family.</p> <p>Washing your hands to the 'Happy Birthday' song.</p> <p>Cough or sneeze into your elbow.</p> <p>Stay healthy by eating fruit and vegetables.</p> <p>Exercise at home. Be creative. GoNoodle or Just Dance (YouTube).</p>	<p>HANDWRITING/WRITING Practise your letter formation by tracing laminated alphabet sheets.</p> <p>Challenge yourself by turning the sheet over and forming letters</p> <p>Write your name in bubble writing, squiggle writing, robot writing</p>	<p>SPELLING Syllables: Choose 5 items in your house and clap out the beats in the word e.g. chair= 1 syllable table=2 syllables</p> <p>Rhyme Production: 'at' words Make a list of 5 words that have the 'at' rhyme. I will start you off 1.sat 2 3 4 5</p>
2 points	2 points	2 points

<p>Wellbeing: Resilience Book - 'What makes a good friend?'</p> <p>Practise a strategy when you might be in the 'Red Zone' (Zones of Regulation)</p> <ul style="list-style-type: none"> • Belly Breathing • Yoga/Meditation 	<p>CRITICAL AND CREATIVE THINKING Design your own classroom. Think about what you will need to help your learning.</p>	<p>PBIL - INTERCULTURAL CAPABILITY Make a family tree. Go through photo albums and discuss family members</p>
<p>1 point</p>	<p>1 point</p>	<p>1 point</p>
<p>Ethical Capability Explore the meaning of good and bad, right or wrong with your child in this dilemma:-</p> <p>Your parents ask you to clean your messy room but you refuse and continue playing.</p>	<p>PMP - Gross Motor Skill Development</p> <ul style="list-style-type: none"> • 10 star jumps • Throw and catch a pair of socks 10 times • Skip around your backyard • Hop on each foot 5 times • Balance a book on your head <p style="text-align: center;">**CHALLENGE**</p> <p>Create your own PMP rotations using household objects.</p>	<p>Personal and Social Capability (Develop vocabulary and practise the expression of emotions to describe how they feel in different situations.)</p> <p>How would you feel if....</p> <ul style="list-style-type: none"> • Your best friend moved schools • You were invited to a party • You found a piece of GOLD!!! • Your favourite toy broke • Someone ate your cookie

ART ACTIVITIES

Day 1: Decorate a mask.

- Use pencils, crayons, textas, (whatever you have at home), to decorate your mask (sent home).
- Could you use line or pattern to make the mask look really interesting?
- Can you do careful colouring to cover all the white spaces?

Ask an adult to tie some string or elastic through holes so you can wear your mask.

Ask a member of your family if they can guess what animal you are with your mask on.

FRENCH ACTIVITIES

Day 1: Les Couleurs/the colours

To work on the new worksheet 'les couleurs-the colours' please colour the pen with the correct colour.

Practice/Video: <https://www.youtube.com/watch?v=qPPIT1nbe7Q>

PE Activity: Unicorn Yoga- Follow the different yoga poses on the picture. Try and hold the pose for as long as you can.

