

# Foundation - Learning Grid #1

READING	SCIENCE	MATHS
<p>Choose a picture story book to read with your child Ask your child some questions before:</p> <ul style="list-style-type: none"> <li>- What do you think this story might be about?</li> </ul> <p>During:</p> <ul style="list-style-type: none"> <li>- What do you think will happen next?</li> <li>- How do you think “<i>character</i>” is feeling?Why?</li> </ul> <p>After:</p> <ul style="list-style-type: none"> <li>- What was the problem in the story?</li> <li>- Who were the characters?</li> <li>- Can you think of a different ending to the story</li> </ul> <p>Sunshine Online has online books - Emergent Levels 1-5 <u>Username</u> - edithvale <u>Password</u> - edithvale</p>	<p><b>Forces of Rolling</b></p> <p><b>Find a variety of objects around your house and experiment with them by rolling them on different surfaces.</b></p> <p>Objects : - ball, apple, orange, ball of socks</p> <p>Different surfaces:- floor boards, carpet, grass, deck etc</p> <p>Take a photo or upload a short video to Seesaw if you can.</p>	<p>Practice writing the number 1 - 10 Draw pictures to match</p> <p>We are learning about shapes this term. Take a photo or draw objects around your home that resemble the shape of a circle, triangle rectangle and/or square!</p> <p>Challenging task: Noah saw 12 legs walk by into the ark. How many creatures could he have seen?</p> <p>How many different answers can you find? Can you explain how you found out these answers?</p>
HEALTH AND PHYSICAL EDUCATION	HANDWRITING/WRITING	SPELLING
<p>Discuss staying healthy with your family.</p> <p>Washing your hands to the ‘Happy Birthday’ song.</p> <p>Cough or sneeze into your elbow.</p> <p>Stay healthy by eating fruit and vegetables.</p> <p>Exercise at home. Be creative. GoNoodle or Just Dance (YouTube).</p>	<p>Practise writing your name using correct upper and lowercase formation</p> <p>Practise writing your name in bubble writing, squiggle writing, robot writing etc.</p> <p>Practise writing our focus letters: Ss, Aa, Tt, Pp, li, Nn Both upper and lowercase</p>	<p><b>NAMES (GRAPHEME) and SOUNDS (PHONEME)</b></p> <p>This term, we are learning the letters: Ss,Aa,Tt,Pp,li,Nn Continue to read/revise these letters and sounds and also the letters and sounds in your name</p> <ul style="list-style-type: none"> <li>● Can you find something at home that begins with our focus letters e.g. S - a sock, A - an apple...</li> <li>● Play ‘I Spy’ using phonemes (sounds) to encourage listening to the initial phoneme of a word</li> </ul> <p><b>**CHALLENGE - Can you make any words using our focus letters?</b></p>
WELLBEING	CRITICAL AND CREATIVE THINKING	PBIL
<p>“<i>What makes a good friend?</i>”</p> <p>A good friend ..... Draw a picture to show a good friend.</p> <p>Practise some Mindfulness strategies</p> <ul style="list-style-type: none"> <li>● Belly Breathing</li> </ul>	<p>Draw or take a photo of your favourite spot you enjoy going to at home. This may be an outside area or inside area. Tell us why you like going there and what you do when you are there.</p>	<p><b>PBIL - INTERCULTURAL CAPABILITY</b></p> <p>Go through photo albums and discuss family members.</p>

<ul style="list-style-type: none"> <li>● Yoga/Meditation</li> <li>● GoNoodle</li> <li>● Brain break</li> <li>● Mindfulness colouring</li> </ul>		
ETHICAL CAPABILITY	PMP	PERSONAL AND SOCIAL CAPABILITY
<p><b>Ethical Capability</b> Explore the meaning of good and bad, right or wrong with your child in this dilemma:-</p> <p>Your parents ask you to clean your messy room but you refuse and continue playing.</p>	<p><b>Gross Motor Skill Development</b></p> <ul style="list-style-type: none"> <li>● 10 star jumps</li> <li>● Throw and catch a pair of socks 10 times</li> <li>● Skip around your backyard</li> <li>● Hop on each foot 5 times</li> <li>● Balance a book on your head</li> </ul>	<p>(Develop vocabulary and practise the expression of emotions to describe how they feel in different situations.)</p> <p>How would you feel if.....</p> <ul style="list-style-type: none"> <li>● Your best friend moved schools</li> <li>● You were invited to a party</li> <li>● You found a piece of GOLD!!!</li> <li>● Your favourite toy broke</li> <li>● Someone ate your cookie</li> </ul>