

MIDDLE YEARS (Years 3&4) - SPECIALIST GRID

Here are some activities you can do over the next three days.

| ART | FRENCH | PE | SCIENCE |
|--|--|---|--|
| <p style="text-align: center;">Drawing from nature.</p> <p>Do some sketches of the area around your house, the view through a window, or a spot in your back/front yard.</p> <p>Work on developing your own style of drawing.</p> | <p style="text-align: center;">Drawing with speech bubbles</p> <p>Go to Google translate (French/English) and research some sentences about:</p> <ul style="list-style-type: none"> · My name is... · Can you express how you feel? · Goodbye <p>I can draw myself using a speech bubble (please include the French sentences above in your drawing)</p> | <p style="text-align: center;">Kicking</p> <p>Using a soccer ball or rolling object your activity will be to play kick to kick. If you have a person to work with e.g. sibling, friend or adult start by facing each other quite close together, but so that you can kick to each other. If you are doing this by yourself, kick against a wall.</p> <p>Using the inside of your foot and looking at the ball, step and kick to your partner. Stop the ball by 'trapping' the ball by putting your foot on top of the ball</p> <p>Make 10 successful passes, take one step back and make another 10 passes. How far can you go?</p> <p>Challenge: With a soccer ball or round ball try and keep the ball close to your feet and not allow the other person (defender) to get the ball. Change turns.</p> <p style="text-align: center;">Aerokids Workout:</p> <p style="text-align: center;">Complete the aerobics workout and answer the following questions.</p> <p style="text-align: center;">AEROkids - Let's get moving! - YouTube</p> <p>Did your pulse rate change from before the exercise to after? How did your body feel during the exercise?</p> <p>Post photos/videos of you completing activities to seesaw if possible.</p> | <p style="text-align: center;">Physical Science: Heat</p> <ol style="list-style-type: none"> 1. Hold an ice cube in each hand and set a timer. 2. Close one hand and leave the other open. 3. Record the time it takes for each cube to completely melt. <p>Did the cubes melt differently? Can you explain why?</p> <p>Upload your results to Seesaw using a short video or photo if possible. (This is the same activity as in the learning grid).</p> <p style="text-align: center;">Heat - Make a Convection Pinwheel</p> <p style="text-align: center;">Attention - Adult Supervision required</p> <p><u>Equipment needed-</u> Aluminium foil, sharpie, tin can (or something you can trace a circle with), Blu Tack, pencil with eraser on the end, 4 tea light candles, scissors, tray, push pin and a lighter</p> <p>Watch how to make a convection pinwheel https://www.youtube.com/watch?v=K6CmaSawBIA</p> <p>Can you explain how the pinwheel is moving to someone in your family?</p> |

